

LESSON 31

Topic: Be at Peace amongst Yourselfs

Text: Hebrews 12:14; 1 Thessalonians 5:12-18

Aim: To encourage believers to be at peace with all men.

Introduction: Peace is not just the absence of conflict but a relaxed state of the mind as a result of our relationship with God. This peace is otherwise referred to as Shalom, which is a gift from God. You cannot have this kind of peace if you do not have a relationship with God. You must be at peace with yourself first before you can extend it to others; you cannot give what you do not have. When we have God's peace then we can be at peace amongst ourselves. God commands us to follow peace with all men. Thus, it is imperative that we are at peace amongst ourselves.

Discussion Questions

1. From the following Scriptures, what do you understand by peace? John 14:27; Phil 4:6-7; Gen 13:8; Gal 5: 22
2. What should we do to be at peace among ourselves? Eph. 4:32; Gen. 13:8-11; 1 Thess. 15: 12-18; Matt. 18:15, 16.
3. What are the dangers of not being at peace amongst ourselves? Mark 3:25; Num. 12:2,9-10; James 3:16.
4. What do we gain by being at peace among ourselves? Gen 11:6; Acts 4:32; Psalm 133: 1-3.

Conclusion: It is vital to be at peace amongst ourselves if we want to do the impossible and achieve God's mandate for our lives and the church. We must acknowledge other people's hard work, respect our leaders, be patient and forgive one another. We must learn to let go of the past and move forward. May the Lord help us to manifest this fruit of the Spirit in order to achieve His plans for our lives in Jesus name. Amen.

Memory verse: 1 Thessalonian 5: 13B. Live in peace with each other. (NIV)